



November 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9 am Yoga 10 am Coffee Social 4 pm Shuffle Board	2 8:40 am Yoga 9:30 am QiGong 10:30 am Social Committee Meeting 2:30 pm Bingo!	3 9 am Strength Training	4 7pm Private party
5	6 9 am Strength Training 1 pm Canasta	7 8:40 am Yoga 9:30 am QiGong 7 pm Game Night	8 9 am Yoga 10 am Coffee Social 4 pm Shuffle Board	9 8:40 am Yoga 9:30 am QiGong	10 9 am Strength Training	11
12	13 9 am Strength Training 10:30am Finance Committee 1 pm Canasta 1:30 pm Executive Session Board of Directors Meeting	14 8:40 am Yoga 10 am Open session Board of Directors Meeting 7 pm Game Night	15 9 am Yoga 10 am Coffee Social 4 pm Shuffle Board 12:30pm SWEETS	16 8:40 am Yoga 9:30 am QiGong 2:30pm Bingo!	17 9 am Strength Training	18 4 pm Wine Social
19	20 9 am Strength Training 1 pm Canasta	21 8:40 am Yoga 9:30 am QiGong 7 pm Game Night	22 9 am Yoga 10 am Coffee Social 4 pm Shuffle Board	23 THANKSGIVING	24 9 am Strength Training	25
26	27 9 am Strength Training 1 pm Canasta	28 10 am Open session Board of Directors Meeting 7 pm Game Night	29 9 am Yoga 10 am Coffee Social 4 pm Shuffle Board	30 8:40 am Yoga 9:30 am QiGong		